

Week 5 (3) 2/11 Five Phase diagnosis: symptomology

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Liver Deficiency Sho

Crying at night; irritability; screeching in a high-pitched voice; bluish conjunctiva; raised vein between the brows; bristled hair; crossed-eyes; sleeping with open eyes; tic; asthma

Use touch needling on the Liver channel, Gallbladder channel, and the temporal region of the head. Use a single needle technique on GV-12.

Spleen Deficiency Sho

Hearty appetite; eating of non-food items; extremely fussy about food; small appetite; abdominal pain; diarrhea; constipation; lack of energy; underdeveloped; nosebleeds; otitis media

Use touch needling on the Pericardium channel and the Spleen channel. Tonify PC-7 and SP-3. Use a single needle technique in the lower abdomen for constipation or diarrhea, and on the Bladder channel and at GV-12 for vomiting.

Lung Deficiency Sho

Profuse peach fuzz; tendency to develop fevers; coughing; otitis media; rhinitis; tonsillitis

Tonify LU-9 and SP-5. Disperse LI-3 and BL-63 if there is a fever. Use direct moxibustion at BL-13. Use a single needle technique at ST-9 for coughing.

Kidney Deficiency Sho

Obesity; small ears; easily tires; bed wetting; squeamish

Use direct moxibustion or a single needle technique at CV-3 and CV-4. Tonify LU-5

Profuse peach fuzz; tendency to develop fevers; coughing; otitis media; rhinitis; tonsillitis