

# **HARI ROOT TREATMENTS**

## **SHO/ DX. AND POINTS**

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**Step 1, 2 and 3.**

# **SHO** **DETERMINATION**

## **&** **ROOT TREATMENT**

- ❑ Four Examination: focus on Six-comparative and Pulse Quality dx.,
- ❑ Abdomen, Skin,
- ❑ Intuitive/Aha-info./Shen/Kami, dx.
- ❑ Yin and Yang type of diseases and
- ❑ **Jaki**, its effect on Pulse and Body
- ❑ Depth of the Needling, Obtain the Ki, Ki arrives and removal of needling

# SHO :

## PATTERN DIAGNOSIS

❖ After the **Sho** determination,  
instantaneously treated.



1. Hari Tx. **always** is given by  
following **Sho**.
2. It minimizes the number of points  
used in tx.. steps of tx.  
considerably shortened over time.

\* **SHO**

FOR  
**ROOT TX.:**

1. **The five organs** are in charge of storing the **essence**, which should not be injured. If the essence is injured, the [body's] defenses will be lost, resulting in yin deficiency. (*Ling Shu*, chapter 8)

\* **SHO**

FOR  
**ROOT TX.:**

2. **As is** understood from the above quotations, disease stems from deficiency of **essential ki** of the five organs.

# **\* HARI TX. STEPS**

## **ROOT TX. STEPS 1 2 3**

### ☐ **Stp 1. Primary SHO, Five-dimensional Spiritual Pattern**

Principles of tx., Six-Comparative Pulse dx.

### ☐ **Stp 2. Secondary SHO, Pathological (Physical Body) Pattern**

Effects from Essential Ki dif. to body and  
Pulse (Quality dx.) and Jaki effects as excess

### ☐ **Stp 3. Yang meridians**

# HARI

## STEP 1 PRIMARY SHO

### MAIN DX. METHODS

\* AHA DX.

\* SIX COMPARATIVE  
PULSE  
DX.



**\* HARI**

**STEP: 1**  
**PRIMARY SHO:**

**I-KI** EFFECTS ONTO  
**1** SPIRIT AND **4** SOULS

SPACE WILL/  
ESSENTIAL **KI**  
IN YIN MERIDIAN

**Nature of person, chronic \* syndrome**

As one's spiritual Ki constitution, then  
It manifests as Pathological deficiency of  
the five zang organs.

- Wood/LR def.
- Earth/SP def.
- Metal/LU def.
- Water/KD def.
- Fire/HT, m. Fire PC def.



**HARI**

**STEP: 1&2.**

**POINTS SELECTION  
&  
ORDER**

**(NAN JING, CHAPTER)**

**69. 68. 75.**

**Tx. Principles from**

***Nan Jing Chapter 69***

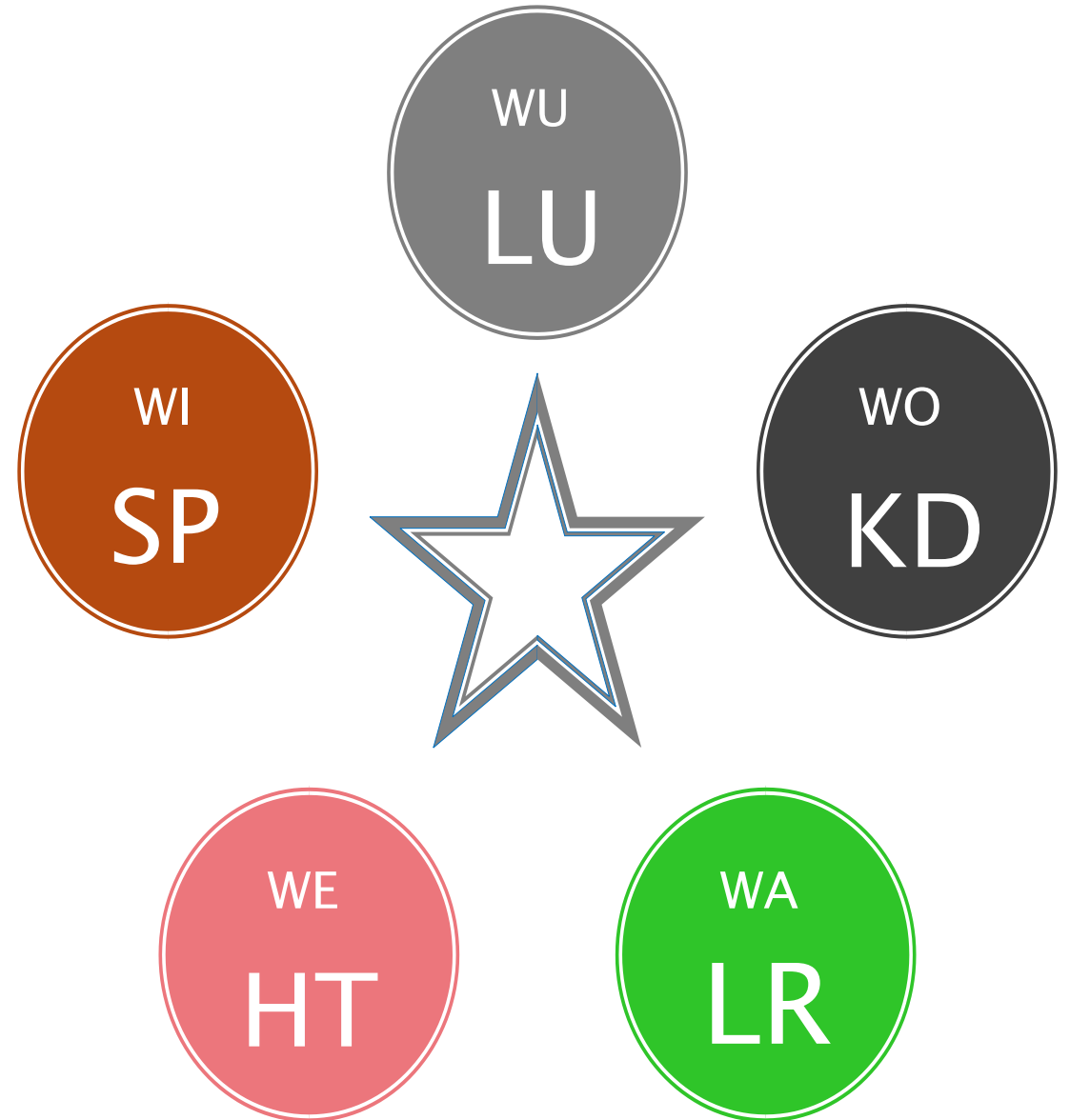
- **For deficiency, tonify the mother**
  - For excess, disperse the child
- **First tonify deficiency,**
  - **then disperse excess**
- When there is neither deficiency nor excess, treat the diseased meridian

***Nan Jing Chapter 68***

***Nan Jing Chapter 75***

**HARI**  
**STEP: 2.**  
**SECONDARY SHO**

**I-KI**  
DEFICIENCY  
AND JAKI EXCESS  
IN THE **KETSU**



**\* HARI**  
**STEP: 2**  
**SECONDARY SHO:**

**PTS. SELECTION(1)**

**EFFECTS FROM**  
**I-KI DEFICIENCY**  
**& JA-KI EFFECTS**  
**ON**  
**PHYSICAL**  
**BODY**

As one's physical constitution, It manifests as Pathological deficiency of the five zang organs.

Its effects on controlling cannel. or & other Yin-Yang area.

- LR/ **Blood** def. or ex.
- SP/ **Ki, Blood, Fluid** def. or ex.
- LU/ **Ki** def. or ex.
- KD/ **fluid** def. or ex.

\* **HARI**

PTS. SELECTION (2)

(NAN JING, CHAPTER 68 &  
OTHER),  
“**LIVE**” POINT  
TX. SIDE

- **Wood** **Ki** / gathering  
**Blood** / grow and produce
- **Fire** (HT) **Ki** firming  
(PC) fire **Ki** / growth
- **Earth** **Ki** /relaxing, moistening dry things
- **Metal** **Ki** / circulation and release  
**Skin-Ki** / gathering
- **Water** **Ki** / softening /  
**Fluid** / firmness

# HARI

MAIN TX. POINTS

HT SHO

PC SHO

## Step 1

LU Sho LU9+SP3

SP Sho SP3+PC7

KD Sho KD7+LU8orLU5

LR Sho LR8+KD10

## Step 2

LR3

KD3orLR3

SP3

SP3orLU9



## **HARI STEP 1**

**TX. SIDE  
FOR  
ROOT TX.**

- 1. Gender**
- 2. Symptoms**
- 3. Radial & Temporal pulse**
- 4. Navel and Feet**
- 5. Presently Alive Point**
- 7. How does Point affect to pulse**
- 8. Touch along Deficient Meridian & Body Hair**

## **HARI STEP 2**

### **TX. SIDE FOR STEP 2**

## **Secondary Sho/pattern**

### **Yin channels**

- Use other side from primary for secondary tx.
- If the condition is acute-excess, Use same side for secondary tx.

## **STEP 3** **FOR YANG CHANNELS**

### **TX. SIDE AND MAIN TX. POINTS**

Effects from **E(yang)** and **Ei (yin)** -Ki Dif.,  
Excess and **Jaki** invasion

- ❖ Deficiency, tonify on same side as pulse
- ❖ Use both TW & ST, if TW-ST is deficient
- ❖ Excess, disperse on same side as pulse
- ❖ Dispersion, use Luo point
- ❖ if symptoms stronger  
can be used Xi-Cleft pts.





## HOW TO FIND

## DEFICIENT POINT

- ❖ The deficient point is sticky, depressed or weak.
- ❖ Those area with no energy flow appears dark.

POINTS. SELECTION  
FOR ROOT TX. STEP 1.2.3.

# LR DEFICIENCY SHO

LR Deficiency Sho	LR	LR-1 LR-8	GB	GB-38	SP	SP-5 (SP-3)	ST	ST-36 ST-45
	KD	KI-1 KI-10	BL	BL-65	LU	LU-5 (LU-8)	LI	LI-11 LI-1