

HARI ROOT TREATMENTS

SHO/ DX. AND POINTS

Step 1, 2 and 3.

SHO DETERMINATION

& ROOT TREATMENT

- ❑ Four Examination: focus on Six-comparative and Pulse Quality dx.,
- ❑ Abdomen, Skin,
- ❑ Intuitive/Aha-info./Shen/Kami, dx.
- ❑ Yin and Yang type of diseases and
- ❑ **Jaki**, its effect on Pulse and Body
- ❑ Depth of the Needling, Obtain the Ki, Ki arrives and removal of needling

SHO :
PATTERN
DIAGNOSIS

❖ After the **Sho** determination,
instantaneously treated.



1. **Hari Tx. always** is given by
following **Sho**.
2. **It** minimizes the number of points
used in tx.. steps of tx.
considerably shortened over time.

* **SHO**

FOR
ROOT TX.:

- 1. The five organs are in charge of storing the **essence**, which should not be injured. If the essence is injured, the [body's] defenses will be lost, resulting in yin deficiency. (*Ling Shu*, chapter 8)**

* **SHO**

FOR
ROOT TX.:

2. **As is** understood from the above quotations, disease stems from deficiency of **essential ki** of the five organs.

*** HARI
TX. STEPS**

**ROOT TX.
STEPS 1
2
3**

Stp 1. Primary SHO, Five-dimensional Spiritual Pattern

Principles of tx., Six-Comparative Pulse dx.

Stp 2. Secondary SHO, Pathological (Physical Body) Pattern

Effects from Essential Ki dif. to body and Pulse (Quality dx.) and Jaki effects as excess

Stp 3. Yang meridians

HARI

STEP 1 PRIMARY SHO

MAIN DX. METHODS

* AHA DX.

* SIX COMPARATIVE
PULSE
DX.



* **HARI**

STEP: 1
PRIMARY SHO:

I-KI EFFECTS ONTO
1 SPIRIT AND **4** SOULS

SPACE WILL/
ESSENTIAL **KI**
IN YIN MERIDIAN

Nature of person, chronic * syndrome

AS one's spiritual Ki constitution, then
It manifests as Pathological deficiency of
the five zang organs.

- Wood/LR def.
- Earth/SP def.
- Metal/LU def.
- Water/KD def.
- Fire/HT, m. Fire PC def.

HARI

STEP: 1&2.

**POINTS SELECTION
&
ORDER**

(NAN JING, CHAPTER)

69. 68. 75.

Tx. Principles from

***Nan Jing* Chapter 69**

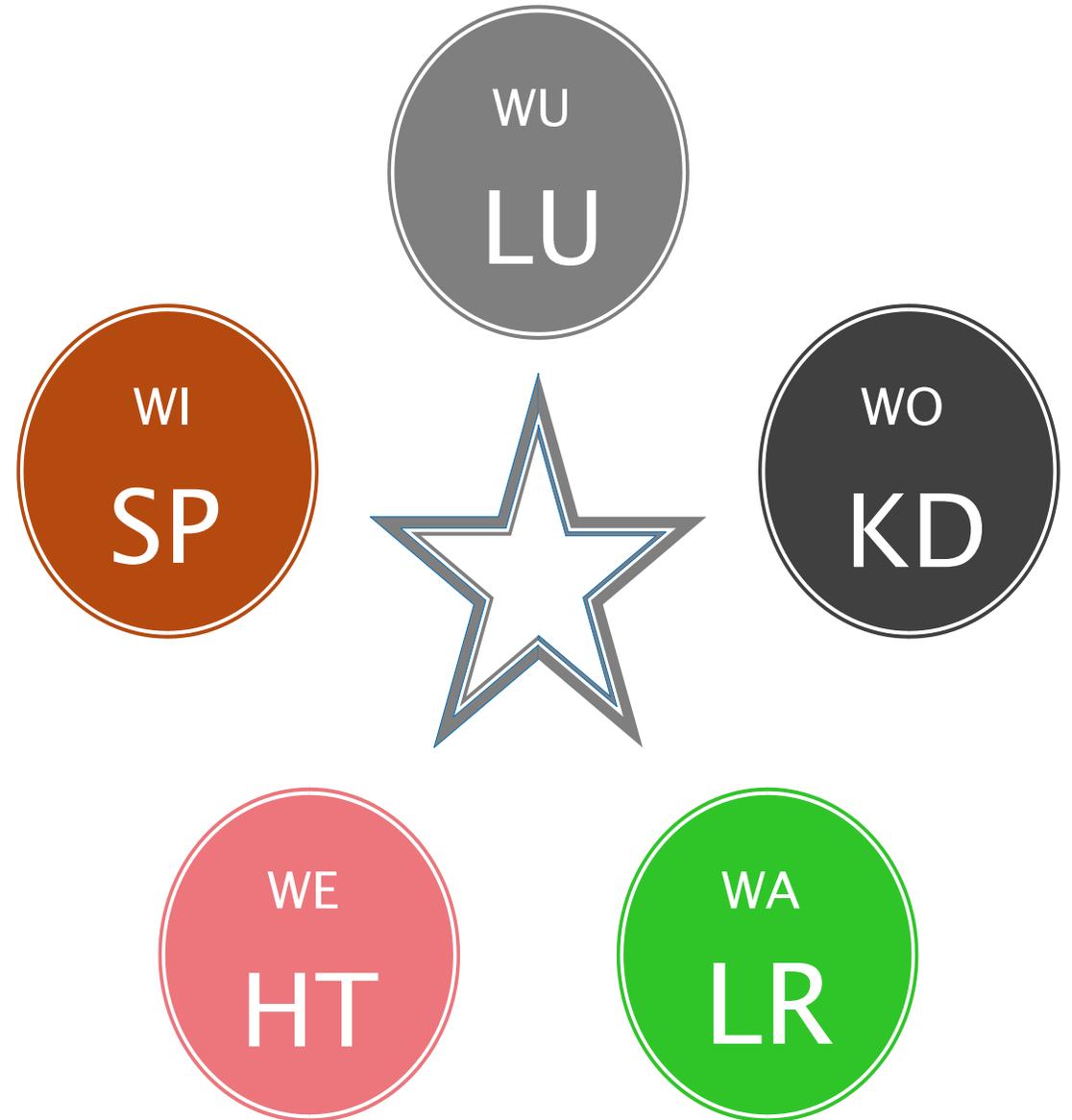
- **For deficiency, tonify the mother**
- For excess, disperse the child
- **First tonify deficiency,**
- **then disperse excess**
- When there is neither deficiency nor excess, treat the diseased meridian

***Nan Jing* Chapter 68**

***Nan Jing* Chapter 75**

HARI
STEP: 2.
SECONDARY SHO

I-KI
DEFICIENCY
AND JAKI EXCESS
IN THE **KETSU**



*** HARI**
STEP: 2
SECONDARY SHO:

PTS. SELECTION(1)

EFFECTS FROM
I-KI DEFICIENCY
& JA-KI EFFECTS
ON
PHYSICAL
BODY

As one's physical constitution, It manifests as Pathological deficiency of the five zang organs.

Its effects on controlling cannel. or & other Yin-Yang area.

- LR/ **Blood** def. or ex.
- SP/ **Ki, Blood, Fluid** def. or ex.
- LU/ **Ki** def. or ex.
- KD/ **fluid** def. or ex.

* **HARI**

PTS. SELECTION (2)

(NAN JING, CHAPTER 68 &
OTHER),
“LIVE” POINT
TX. SIDE

- **Wood** **Ki** / gathering
Blood / grow and produce
- **Fire** (HT) **Ki** firming
(PC) **fire Ki** / growth
- **Earth** **Ki** /relaxing, moistening dry things
- **Metal** **Ki** / circulation and release
Skin-Ki / gathering
- **Water** **Ki** / softening /
Fluid / firmness

HARI

MAIN TX. POINTS

HT SHO

PC SHO

Step 1

LU Sho LU9+SP3

SP Sho SP3+PC7

KD Sho KD7+LU8orLU5

LR Sho LR8+KD10

Step 2

LR3

KD3orLR3

SP3

SP3orLU9

**HARI
STEP 1**

**TX. SIDE
FOR
ROOT TX.**

- 1. Gender**
- 2. Symptoms**
- 3. Radial & Temporal pulse**
- 4. Navel and Feet**
- 5. Presently Alive Point**
- 7. How does Point affect to pulse**
- 8. Touch along Deficient Meridian & Body Hair**

HARI STEP 2

TX. SIDE FOR STEP 2

Secondary Sho/pattern

Yin channels

- Use other side from primary for secondary tx.
- If the condition is acute-excess, Use same side for secondary tx.

STEP 3 FOR YANG CHANNELS

TX. SIDE AND MAIN TX. POINTS

Effects from **E(yang)** and **Ei (yin)** -Ki Dif.,
Excess and **Jaki** invasion

- ❖ Deficiency, tonify on same side as pulse
- ❖ Use both TW & ST, if TW-ST is deficient
- ❖ Excess, disperse on same side as pulse
- ❖ Dispersion, use Luo point
- ❖ if symptoms stronger
can be used Xi-Cleft pts.



HOW TO FIND

DEFICIENT POINT

- ❖ The deficient point is sticky, depressed or weak.
- ❖ Those area with no energy flow appears dark.

POINTS. SELECTION
FOR ROOT TX. STEP 1.2.3.

LR DEFICIENCY SHO

LR Deficiency Sho	LR	LR-1 LR-8	GB	GB-38	SP	SP-5 (SP-3)	ST	ST-36 ST-45
	KD	KI-1 KI-10	BL	BL-65	LU	LU-5 (LU-8)	LI	LI-11 LI-1