

Two Special Ki Workshops from Japan

※The Power of Lighter Eating ※Real Health Maintenance with Spiritual Kiko (energy work)

A1:A2: GENERAL SEMINAR 10/15(FRI,) 9AM-5PM

AT NEW ENGLAND AIKIKAI
2000 MASS AVE. CAMBRIDE MA 02140
(NEAR PORTER SQUARE)

B:C: Super session 16(Sat.)-17(Sun) 9AM-5PM

AT CULIA KI CLINIC 25 Church St. Watertown MA 02472

TEL: 617-926-6986

A1: The light eater of love and mercy — Ms. Mori The life of not eating is also interesting.

As a young girl, Ms. Mori (a licensed acupuncturist), was diagnosed with Spinocerebellar Degeneration (SCD). She was able to overcome this intractable disease by using the raw vegetable diet of the "Koda Method". Each day she eats only one cup of 80 calorie green juice, plus a small amount of supplements for health maintenance. Not only has she had no further health problems for 15 years, but this lifestyle has allowed her soul to shine brighter and brighter. Now her words and actions are attracting the attention of others who are suffering from difficult diseases as well as the interest of a spiritual leader and a medical scholar. Ms. Mori says, "It is love and mercy to perform Eating Light. We would like to show the world the way of life which produces harmony. It is a new perspective which counters the current attitude of gluttony in the United States and Japan." At this Friday seminar, the recently produced film "The Era of Eating Light" will be presented, as well as discussions with Ms. Mori. At the weekend super sessions, she will share a detailed explanation of the raw vegetable diet which is also a spiritual way of living.

A2: Spiritual Kiko which brings a fortune - Mr. Sato

The KIKO method, created by Mr. Tadashi Sato, is a very simple and unique form of energy work which can be used anywhere, anytime, and by anyone. This method (1) makes it possible to not only receive external KI (energy) from the universe, but to also generate internal KI (energy). (2) harmonizes the mind, body, and universe through a lower center of gravity. (3) and changes the balance of "contraction KI" and "expansion KI" in order to focus concentration, deep sleep, and meditation. This easy, daily self-training strengthens mind and body in addition to increasing your sense of life purpose. Sato style KIKO guides you to an existence filled with the energy to make yourself happy along with the people around you. Other benefits that have been reported are increased immunity, out-of-body experiences, and a feeling of connection with the essence of the great universe.

A: General Seminar Friday, Oct. 15th

A1: Era of Eating Light

9am-12:30pm

Ms. Michiyo Mori

A2: Spiritual Kiko

1:30pm—5:00pm Mr. Tadashi Sato

B: Super Session Power of eating light and Spiritual practice with Ms. Mori

B1: 16th Oct. 9am-5pm Explanation of the Nishi-Koda style diet and different levels of small diets that are individually created for each person (of which Mori represents the most extreme form)

B2: 17th Oct. 9am-5pm Practice the Nishi style exercise (goldfish, makko, etc) and Worshiping Hands to be a healer. Demo and Experience for Ki therapy

C: Super Session Spiritual Kiko with Mr. Sato

C1: 16th Oct. During session B Individual One hour Kiko guidance

C2: 17th Oct. During Session B Individual One hour Kiko guidance

Registration forms and Payment

Last Name (Please print clearly) First Name				□ Male □ Female		
Street Address			City,		State/Province, Zip Code, Country	
ome Phone Work Phone			IMF	IMPORTANT: E-MAIL ADDRESS		
Please Check or C	ircle One	Choice Be	low:			
A: General Seminar Only		\$35.00	\$50.00 (At door)		Lunch time is from 12:30 –1:30pm. Participants may bring their own	
⊕ A+B(1) or A+B(2)		\$ 160:00 (very Limited offer)			lunches or eat in the area. NO food	
⊕ A+B(1+2)		\$ 210:00 (Limit 15 persons)			or lunch services provided during all sessions.	
⊕ During B sessions	C(1) or C(2) \$100.00) for each session (v	ery Limited	i offer)	
Example: A+B(1)+	+C(1) or <i>i</i>	A+B(2)+C(2	2) \$ 260:00			
⊕ A+B(1+	or C(2) \$310	0.00 ⊕ A+B(1	© A+B(1+2)+C(1+2) \$410:00			
Make checks payable to: Ki Science Institute M				Mail to: 25 Church St. Watertown, MA 02472 USA E-mail: info@culia.net Tel:617-926-6986		
				. Bank Mor	ney Order MasterCard/Visa pr postmarked by Monday, October 4 th or earlier.	
Credit Card Inform MasterCar	ard # 1	odigits; please wri	te clearly	Expiration Date: Month _ Year 4 digits; please write clearly		
Amount to be char	ged to cre	edit card: \$				
Signature of Cardh	older:					