

HARI
A THING THAT IS
IMPORTANT.

Root and Local tx.,
Three Cornerstones,
Ki Feedback in Hari Practice

* HARI Change the rhyme and flow of the Ki in nature

SPIRIT A) Quality: Spiritual Medicine

(3) PATHOLOGICAL

PHYSICAL BODY

EFFECT ON

Natural and Unnatural(?) undulation in your life

B) Quantity: Meridian Medicine KI-BREATHE **(2)**

> Ki flow within proper mind/body posture and breath. (Eight Father Ki Rhyme) Kototama in Hari practice

Process of the creation of the physical body from spirit

C) Pts. and Methods: Physical Medicine

TCM style meridian therapy it based on understanding of body (Ki) function

* HARI DEFINITION

HARI is a system that is based on Classical Five Phases / Kototama.

DEFICIENCY OR **E**XCESS

1. Grasps all diseases as a condition of deficiency or excess of ki & blood.

TONIFY OR DISPERSE

2. Uses the **KI/Futomani** techniques of Acu-Moxa to tonify or disperse that deficiency or excess in order to bring about healing.

THE POTENCY 0F ROOT AND LOCAL **TREATMENTS**

- Root tx. and Local tx. are two sides
 of the same coin and that they
 blend together.
- 2. When the root tx. and local tx. are combined together, rather than just doing one or the other. Effect of the tx. will last longer

THE POTENCY OF ROOT AND LOCAL TREATMENTS

- Root tx. is performed to bring the pulse picture into order.
- 4. Local tx. is performed to alleviate the symptoms more shortly than Root tx..
 - However, pulse can be brought into order and the symptoms alleviated just with the local tx. Conversely, the symptoms can be relieved with just the root tx., in addition to naturally adjusting the pulse.

* HARI KI FEEDBACK METHODS

WITH PULSE QUALITY DX.

- 1. How to detect abnormal and correct KI in pulse.
- 2. To use pulse Dx. for more than just identifying a pattern of disease.
- 3. The pulse Dx. can be used as a feedback method for assessing the effectiveness of the Tx. as it is being given.