

# HARI

A thing that is most important.

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# Ho and Sha

(Kuni-Umi and Misogi)

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**Tonification and Dispersion**

# Most important practice in Hari

## Creation of the Light and Purification

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- It is **Ho-ho**. Creation of the light -Kuni Umi
- It is **Sha-ho**. Purification/Change the quality of the light- Misogi
- Outcome of the treatment is determined by the **Quality of Ki** during tonification.
- In treating the client and ourselves, Hari effect the entire universe because we are all part of the universe.



# Three Cornerstones of Hari Practice

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- **Spiritual Medicine**
  - Kototama Principle in practice
- **Meridian Medicine**
  - Ki flow within proper posture and breath
  - Process of the creation of the physical body from spirit
- **Physical Medicine**
  - Based on 5th dimensional understanding of physiology

# Spiritual Medicine

The most important workspace in the Hari.

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- The energy of Ho (tonification) is the creation of the universe: (Kuni Umi) **Birth**.
- Seventh dimensional diagnosis (**A-Ha dx.**) and treatment (**I-Ne**) are one and the same.



# Meridian Medicine

Dragon is a its magical image and a cosmic string in space.

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- The process of creation (of the history) from the 7th dimension manifests channels of light (i.e. meridians).
- Meridian is the locus of feelings (Love) in a space
- Tonification bridges the design of the spirit, the 7th dimensional body, with the 5th dimensional physical body.
- Introducing or changing the quality of the light of a Meridian therapy.

# Physical Medicine

Based on 5th dimensional, understanding of physiology

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- 5th and 6th Dimensional (Physical and Energetic) Aspect
- “God created man in his own image.” (Gen.1:27).



# Practice Hari

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- 1. Quality
- 2. Quantity
- 3. Where and How with Which methods
- 4. How and When do you finish your practice.
- 5. I-ne Meditation



- **1. Quality**
  - Study and Practice the KOTOTAMA
- **2. Quantity**
  - Correct physical and mind posture and strength your Breath
- **3. Where and How with Which methods**
  - Study Ac-medicine
- **4. How and When do you finish your practice.**
  - Feel your self as Emperor
- **5. I-Ne Medicine**
  - Do nothing with your mind, following the nature.